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The Many Splendoured Flowers of Spring

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南腔
北调



梦中的世外桃源 *Spring*

A Renewal of Mind, Body, Spirit & Soul Find Your Past and You Will Find Your Future

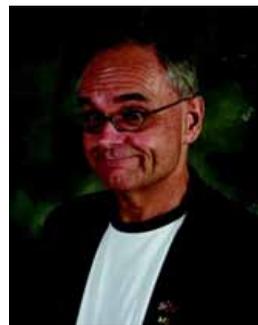
春天是一个美丽的季节，它总会让人们的心中有一种充满希望的感觉。每个人都是如此的期盼着春日里那和煦的阳光，那种阳光洒在身上的舒适感觉会让人们联想起很久以前，当我们还孕育在母亲体内的时候。

孕育着无限希望的季节，每个人都梦想站在一个散落着玫瑰花瓣的小径之上，在一个被紫丁香花所围绕的花园之中，透过我们的眼睛

憧憬美妙的未来。到哪里去寻找一个有着玫瑰花园和葡萄酒窖的世外桃源呢？美国加利福尼亚州的Napa其实是个很不错的选择，这里的屋舍有着维多利亚女王时期的古朴建筑风格，Trinchero家族独家酿造的“Estate Bottled”系列葡萄

酒更是有着悠久的历史 and 享誉海内外的极佳口碑，其中负有盛名的有 Zinfandel（仙粉黛）、Sauvignon（苏维翁），Cabernet Sauvignon（卡白内红）这几款葡萄酒。

无论是在北京、上海还是珠江三角洲地区，你都可以任何一家西方葡萄酒酒店找到这几款葡萄酒。如果没有的话，那可能只是暂时性的缺货，通过店家的调配，用不了几天你就可以享用到它们。假若你有机会来到美国加州的Napa去享受一次梦幻之旅，一定要记得沿着“Calistoga”和“languish”这两个村落周边的公路徒步走上一程，那里有着多家世界知名的Spa。在29号高速公路的沿途，坐落着几家不容错过的顶级餐厅。另外，在这里享用葡萄酒的价格之低，绝对出乎你的意料之外。此时，除了尽情的享受美酒美食，我们还能做些什么呢。



Fred Tibbitts Jr. is a global wine consultant based in New York and Bangkok. He assists some of the top hotel and restaurant chains in the U.S. and Asia Pacific developing their wine by the glass programs, leading educational trips to wine producing countries and hosting VIP industry dinners at New York and across Asia.



Spring is when we are reminded that “hope springs eternal” from the least important detail of our world to the most important reality of our Universe. Everyone and everything welcomes the returning warmth and comfort of the Sun's rays, reminding us of that time, long, long ago when we were cradled for months on end by the warmth of our mother's womb. And suddenly it was over.

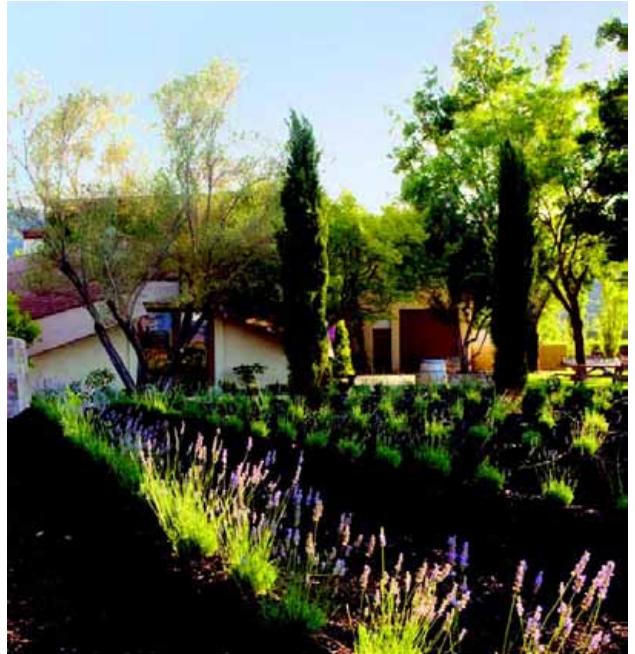
It is the season of renewal for all life, no matter how small or large, weak or strong, challenged or genius. It radiates across our four spheres: Our awareness, our flesh, our connection with all that is Timeless and the sacred seat of our True Self. No identity is spared. It is renew or surrender.

Just as our dreams show us our past from the other side as if having an “out of body experience” and send us clues as to what lies ahead, so that we may move forward in a more wise manner, being in touch with that which is our past provides half of our treasure map in search of Nirvana; the other half resides majestically on the throne of our intuitive self, known better to most as our “spirit”.

If we are in touch with our past, the way forward or “future” is crystal clear, as though we were standing on a Princess path strewn with rose pedals, surrounded by lilacs of every color and fragrance in the midst of The Garden of all gardens, seeing as far as the inner eye can see, every detail exactly as we will soon know it. There will always be options for us to make the most or the least of what comes our way, but the whole array of endless possibilities stretches forth to the next horizon and beyond, illuminated in the White Light. It is a dazzling, electrifying moment, but we must be connected to what has come before, to know what comes next. The past and future are seamlessly connected beneath our feet, yet few know this to be so. Humble is he who treads ever so softly, so as not to disturb the Angels gently keeping us on message. Be One with all that has been and all that is and your future will welcome you anew: Resist it as though you know better and be on your own to find what you seek, which will surely remain a mystery until you at last let go of your attachments and self-centeredness. Be the servant, know how you have arrived as you find yourself and your future will unfold as a warm, joyous and reassuring lullaby sung to you by your dearest caregiver at birth in your present vehicle. Celebrate your next steps to your Eternity, sooner or later, it matters not, for if you heed these words you will arrive on schedule and become One with all that is forever and ever. Joy to All Sentient Beings now and for as long as there is one left to hear your story. Let it be one of service to All Others. This is the meaning of Renewal. Be your Spring.

Amen. Namaste.

Oh, I almost forgot! This is a wine & spirits column. So, okay, where should one go to find his idyllic farm cottage with



rose garden and lilacs abundant plus vineyards of the finest wine grapes for as far as the third eye can see? Why Napa, California, USA, of course. The cottage would have to be the historic Sutter Home Victorian Inn and the vineyards the unmatched Napa “Estate Bottled” sites of the Trinchero family. Examples of the incredible wines that are produced within these heavenly “micro climates” are the Folie a Deux Zinfandel; the Folie a Deux Cabernet Sauvignon; and the Folie a Deux Lewelling Cabernet Sauvignon.

You will find them at your favorite western wine shop from Beijing to Shanghai and the Pearl Delta. If you cannot find them, they may be special ordered in but a few days by inquiring with your shop's management, as they are in generous supply in climate-controlled warehouses nearby. And while you are enjoying your dream holiday in beautiful Napa, California, you must continue up the road just a short distance to the village of Calistoga and languish ever so sublimely for hours on-end as though you have found your “Endless Summer” at one or more of their world famous spas. Dine at some of the world's most celebrated, chef-owned restaurants amid the vineyards along Highway 29 and there about. Be overwhelmed by the endless variety of delightful Napa wines by the glass, all at affordable prices. Enjoy.

Over and out, I remain forever more, your **Red Fred.**