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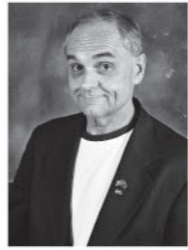
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美食·无边界

GASTRONOMY SANS BORDER



Fred Tibbitts, Jr.

Fred Tibbitts, Jr. is the foremost global wine & spirits consultant for National Account chain hotels and restaurants, based at Bangkok and New York. He travels the world annually attending several of the leading wine and spirits expositions, seminars and conferences. He is a writer for industry and entertainment publications in China and the U.S.

常驻在曼谷和纽约的Fred Tibbitts, Jr. 他可是全球最著名的品酒顾问之一，他为众多的连锁酒店及餐厅提供咨询。还参议过许多国家重要的餐饮会展以及项目。大量相关的著作及评论发表，在业界，一时洛阳纸贵。

Wine Sense

Welcome to Wine Sense. So, you ask, what is “Wine Sense”? Wine Sense is common sense; it is sixth sense, as in intuition; and whatever strikes my fancy as making sense whenever I am writing about wine or just about any other subject I decide to disguise as wine-related and express in this column each issue.

We will rejoice together; we will weep together; but always be One. No subject that has even the slightest to do with wine is beyond the scope of our forthcoming conversations, because if you really want to get the most from every glass of wine, be it nasty, cheap “gar-ba-ge” (as the French would say) or one of the finest wines you have yet to savour, your approach must be to consider every variable within the Universe that affects your glass of wine, rather than simply the nose and the taste. And I will show you how. So, we will explore the Universe as One, learn more about wine using all our senses, not just our palate and along the way we will compare notes on everything except wine. For he who is wise has a wise palate and a fool always overpays without knowing it. There, you are on notice: Let the journey begin. No hostages! Glasses into the fireplace! Don't shoot until you see the whites of their eyes! Forward Ho! Et al.

What Was Your Favorite Wine in Your Past Life?

What, you don't remember?!? That's not an answer: That's a cop-out! A lousy excuse. You can do better than that....look, just relax, let go of whatever was clouding your senses, imagine you are adrift on an ocean of the softest, most comfortable clouds of which you could dream....you are going back to who you were once upon a time...not so long ago. If you look into the distance, you can begin to see yourself in your last life. You may look different; you may even be of the opposite sex (preferably beautiful or handsome or both), but there you are, just going about your business as usual. Now, for the next sixty seconds or less, become One with your past self; you can do it and I promise you can return to now as soon as our little experiment is done.

Ask yourself the million dollar question: “What is my favorite wine”? The answer awaits. Once you know it, thank the lady/man or whatever, separate yourself from yourself, climb back aboard your heavenly time machine and instantly return to now. Wasn't that easy? No worries. And what was it you said you couldn't do? So, was it Cabernet Sauvignon, Merlot, a good Bordeaux blend, a great Shiraz from South Africa or Australia, a Chardonnay from Napa or Burgundy, a Pinot Gris from Alsace, a Sauvignon Blanc from Marlborough, New Zealand; what may I ask was your favorite wine? I see: It was all of them! Great discovery, if I must say so, because depending on the time of day, the season, the weather, my arthritis, my acid reflux and the amount I am prepared to spend at any given time, my favorite

would have been any one of these, but never the same wine every time.

Now that you have renewed your connection with your past, let's look forward. You do know that your past, present and future are but a single continuum, right? Well, of course they're connected! Too often we merely define ourselves by what we see when we peer into our morning bath mirror...not including who we were or who we are soon to become, which is a far more meaningful definition of who we have been and always will be at our core (known to many as our soul or the voice of “I” and “me”, depending on your personal beliefs), but regardless, our spirit knows no death.

For birth is the arising of psycho-physical phenomena, while death is merely the temporary end of a temporary phenomenon. This is why our past, our present and our future are but One for eternity. Like the purest, most heavenly stream of wisdom, beauty, truth and White Light we are privileged to once again experience when our passing from the now to the future is permanent, our spirit is that piece of the Energy of the Universe that defines each of us as forever unique.

If you can connect with your past self, you can just as easily connect with your future self. It's the same process, except instead of going in reverse, just shift your time machine transmission into forward and put the pedal to the metal, baby! Let go of your thoughts, clear your mind, retreat within, and just levitate to that place which is the realm of your future self. There you go...that fellow waiting by the Star Portal with the Star Wars wand thing is you. And if I must say so, he's an admirable improvement. He's obviously been working-out on a regular basis and watching his diet. Become one, just as in the past and have an amazing conversation, but do keep it short, because you know the rules, if you stay more than 60 seconds, you can't go back. Sorry, I don't make the rules, I just report on them. Okay, now that you're convinced you can go backwards and forwards, let's return to now and focus on our business at hand.

Were we talking about “Wine Sense”? Oh, right and then I needed to help you connect with your past and future selves, so you can better appreciate your true palate, being a composite of the past, present and future you. So, gather your selves together, for now our wine adventure, more outrageous and ambitious than ever before attempted officially begins. Unlike the rest of the known publishing world, New Western Cuisine Magazine recognizes and celebrates everyone's eternal spirit and magical connection with what has been, what is and what will be. What follows in October and beyond is your ultimate wine destiny, should you choose to accept your assignments as I will carefully outline them for those of you willing to believe that we are more than just the face in the mirror.

I am **Red Fred**...Past, Present & Future. Welcome aboard.



欢迎来到酒之觉。想必你会问，什么是“美酒觉”？美酒觉仅是泛指，就是六种感觉，那些最直接的感受。无论想到什么，无论写到什么，甚至或许是另一个与葡萄酒无关的主题，这就是我想要在这个栏目里所表达的。

我们一起欢乐，一起忧伤，但是总是一个整体。在我们即将进行的谈话里，所有的主题都与酒有关。因为如果你想真正了解每一杯葡萄酒，必须保持谦虚的态度。对于将要品尝的葡萄酒，你必须考虑到每一个可能影响你手中这杯酒的因素，仅仅依靠嗅觉和味觉是完全不够的。我会告诉你如何去做。我们要将宇宙看成一个整体，利用我们所有的感官去了解葡萄酒。智者拥有灵敏的味觉，而傻瓜总是在没有知晓一切之前，过多付出。不要犹豫，把酒杯扔进壁炉吧，一起开始我们的旅行。

你曾经最喜欢的葡萄酒是什么？

什么？你不记得吗？这不是答案，这是逃避，而且是差劲的借口。听着，只需要放松，摆脱任何阻碍你感官的东西。如同漂浮在云海之上，这里有你能想象到的最柔软、最舒适的云朵……你将要回到从前，但不是很久之前。当站在远处看，你也许能够看到自己的前世。你看上去可能会有些不同，甚至可能性别都发生变化（或者美丽或者英俊），但是你就在那里，跟平常一样。现在，在接下来的60秒或者更短的时间里，与过去的你成为一个整体，你可以做到的。一定可以，只要我们的小实验完成，你就能回到现在。

问你自己那个价值百万的问题：“你最喜欢的葡萄酒是什么？”然后等待答案。无论是谁告诉你的，一旦你知道了，你可以将自己与过去分离，驾驶时间机器，回到现在。这个容易吗？别担心。你说了什么，有什么你不能做？是卡本尼Sauvignon、梅洛、上好的波尔多，或是来自南非和澳大利亚的色拉子，来自纳帕或者勃艮第的雪当利、或是来自Alsace的Pinot Gris，来自新西兰的马尔伯勒Sauvignon Blanc。我所问的就是你最喜欢的酒。我明白了，就是这些。多么伟大的发现。如果我必须这么说的话，我的喜好根据时间、季节、天气、我的关节炎、酸返流，以及我在任何时刻都准备的花费。我最喜欢的会是其中一种，但是每次都不相同。

现在你与过去的连接会更新，让我们向前看。你了解你的过去、现在和未来

是一个连续的整体对吗？好的，他们当然是相互联系的。我们常常通过每天早晨照镜子来定义自己，不包括我们的过往，或者我们的未来。然而正是这些对于了解我们是谁，谁是我们的真正所在（对于我们灵魂或是“自我”本身的了解取决于你个人的信仰）更有意义。只是无论如何，我们的精神将永生。

出生是一种心理物理现象，而死亡仅仅是一个暂时现象的暂时结局。这就是为什么我们的过去、现在和将来是一个永恒的整体。当我们经历现在，去往未来成为一种必然时，我们便被赋予了特权再次拥有那些最为纯洁的东西，比如智慧、美貌、真相等，而我们的精神则成为宇宙能量的一点，这些能量保证了我们每个人永远的唯一性。

如果你可以把自己与过去的你联系起来，那么你也就能够很容易地连接你的未来。同样的流程，除了方向相反外，只需把你的时间机器调整往前，然后踩下踏板就可以了。了解你的想法，净化你的心灵，休息放松，然后提升到一个新的地方，这便是未来你的所在。继续前行，那个在星球大战中的星际通道旁等待的那个棒子状的家伙就是你。如果我必须说，我要说他是一个令人称赞的进步。很明显他是基于一般的基础开发，需要有人照看他的日常饮食。与他成为一个整体，就像在过去，进行一个良好的交流。但是记得长话短说，因为你了解这些规则，如果你待在这里超过60秒，你就不能回去。对不起，我不是这些规矩的指定者，我只是宣布它们。好了，现在你应该相信你可以回到过去和前往未来。让我们回到现在，将注意力集中到手中的事情上。

我们是在谈论“美酒觉”吗？当然。我还需要帮你联系你的过去与未来，这样你才能更好的欣赏你真正味觉，成为一个综合了过去、现在和将来的整体。所以，现在让我们收拾妥当，开始我们的充满惊喜与冒险的葡萄酒之旅。不同于眼下的其它的杂志，《新西餐》关注人们的精神追求，认可那些将过去、现在与未来联系在一起的魔力。接下来的九月会有什么？九月之后将是你的终极葡萄酒使命。对于那些相信自己不仅仅只是镜子里看到的景象的人们，我已经为你们仔细规划了这项崭新的任务，你愿意接受挑战吗？